



# Washington

The Centers for Disease Control and Prevention, in partnership with ASCD, developed the Whole School, Whole Community, Whole Child (WSCC) framework to highlight the need for schools to address all aspects of children’s physical, mental, and social well-being to help them learn and thrive. In 2019, Child Trends, the Institute for Health Research and Policy at the University of Illinois at Chicago, and EMT Associates, Inc. released the [first comprehensive analysis](#) of state statutes and regulations that address key topic areas in each of the WSCC’s 10 components as of September 2017. This updated profile documents the landscape of selected school health policies in Washington as of September 2019 and describes how those policies have changed since 2017. The profile also newly incorporates information about whether states have non-codified policies on topics for which they do not have codified statutes or regulations. The full set of topic areas, along with applicable statutory and regulatory language, is available through the National Association of State Boards of Education’s (NASBE) [State Policy Database on School Health](#). The national summary report and profiles for each state can be found on the [Child Trends website](#).

## Policy Churn in Washington Statutes and Regulations, 2017 to 2019



	Washington	National
Community Involvement	0%	11%
Counseling, Psychological, and Social Services	40%	22%
Employee Wellness	0%	0%
Family Engagement	12%	11%
Health Education	0%	3%
Health Services	0%	2%
Nutrition Environment and Services	18%	3%
Physical Education and Activity	0%	2%
Physical Environment	20%	13%
Social and Emotional Climate	30%	10%
WSCC Reference	0%	0%

\*Orange shading indicates more churn in state policy than national average

# Washington's approach to selected topic areas by domain

## Overall Coverage of the WSCC

	SY 17-18	SY 19-20	Change
<b>Coverage of WSCC</b>	Addresses the WSCC	Addresses the WSCC	no change
<b>State-Level Wellness Councils</b>	Not addressed	Not addressed	no change
<b>School-Level Wellness Councils</b>	Not addressed	Not addressed	no change
<b>District Wellness Policies</b>	Required	Required	no change

## Health Education

	SY 17-18	SY 19-20	Change
<b>Discussion of LGB Topics in Health Education</b>	NA	Not addressed or law specifically allows for inclusion of LGB topics	topic was not coded for 2017
<b>National HE Standards</b>	Referenced	Referenced	no change
<b>Bullying Prevention (within Health Education)</b>	Required in all grade levels	Required in all grade levels	no change
<b>Healthy Eating/Nutrition Curriculum</b>	Required in all grade levels	Required in all grade levels	no change
<b>Mental and Emotional Health Curriculum</b>	Required in all grade levels	Required in all grade levels	no change
<b>Personal Health and Wellness Curriculum</b>	Required in all grade levels	Required in all grade levels	no change
<b>Suicide Prevention (within Health Education)</b>	Required in all grade levels	Required in all grade levels	no change
<b>Violence Prevention (within Health Education)</b>	Required in all grade levels	Required in all grade levels	no change

## Physical Education and Physical Activity

	SY 17-18	SY 19-20	Change
<b>Adaptive PE Requirements</b>	Addresses inclusivity of PE activity	Addresses inclusivity of PE activity	no change
<b>PE Exemptions for Academics</b>	Allowed	Allowed	no change
<b>PE Exemptions for Illness</b>	Not addressed	Not addressed	no change
<b>PE Exemptions for Disabilities</b>	Allowed	Allowed	no change
<b>PE Substitutions</b>	Allows substitution of other activities for PE requirements	Allows substitution of other activities for PE requirements	no change
<b>District Waivers from PE Requirements</b>	Not addressed	Not addressed	no change
<b>Physical Activity Throughout Day</b>	Encouraged	Encouraged	no change
<b>National PE Standards (SHAPE America)</b>	Referenced	Referenced	no change
<b>Time for PE -- Elementary</b>	Recommends Meeting, or Requires Less than, National Standards	Recommends Meeting, or Requires Less than, National Standards	no change
<b>Time for PE -- Middle</b>	Recommends Meeting, or Requires Less than, National Standards	Recommends Meeting, or Requires Less than, National Standards	no change
<b>Time for PE -- High</b>	Not addressed	Not addressed	no change
<b>Recess</b>	Not addressed	Not addressed	no change
<b>Sport Participation Fees</b>	Not addressed	Not addressed	no change

## Social and Emotional Climate

	SY 17-18	SY 19-20	Change
<b>Hazing Policy</b>	Not addressed	Not addressed	no change
<b>Dating Violence Policy</b>	Not addressed	Non-codified policy only	no change
<b>Limits on Exclusionary Discipline</b>	Requires limits on use of suspension and expulsion	Requires limits on use of suspension and expulsion	no change
<b>Alternatives to Exclusionary Discipline</b>	Required	Required	no change
<b>School Resource Officer Training</b>	Not addressed	Required	more supportive/prescriptive
<b>Limits on Referrals to Law Enforcement</b>	Not addressed or authorizes schools to refer to law enforcement	Requires districts to establish formal procedures for referrals to law enforcement	more supportive/prescriptive
<b>Equitable Discipline Practices</b>	Monitoring and remediation required	Monitoring and remediation required	no change
<b>Multi-tiered Positive Behavior Supports</b>	Encouraged	Required	more supportive/prescriptive
<b>School climate surveys</b>	NA	Not addressed	topic was not coded for 2017
<b>Social-Emotional Learning or Character Development</b>	Not addressed	Required	more supportive/prescriptive
<b>Professional Development for Cultural Competency</b>	Not addressed	Required	more supportive/prescriptive
<b>Chronic Absenteeism Early Warning Systems</b>	Encourages or requires comprehensive student supports	Encourages or requires comprehensive student supports	no change
<b>Bullying, Harassment, and Intimidation Policy</b>	Includes all components of U.S. Department of Education recommendations	Includes all components of U.S. Department of Education recommendations	no change
<b>Professional Development for Bullying Prevention</b>	Required	Required	no change

## Counseling, Psychological and Social Services

	SY 17-18	SY 19-20	Change
<b>School-based or School-linked Mental Health Services</b>	Encouraged	Encouraged	no change
<b>Professional Development for Trauma</b>	Encouraged	Required	more supportive/prescriptive
<b>Professional Development for Mental Health</b>	Encouraged	Required	more supportive/prescriptive
<b>Early Identification and Referral</b>	Encouraged or Required	Encouraged or Required	no change
<b>Professional Development for Suicide Prevention</b>	Required	Required	no change
<b>Suicide Prevention Policy</b>	Required	Required	no change
<b>School Counseling - Elementary</b>	Not addressed	Required	more supportive/prescriptive
<b>School Counseling - Secondary</b>	Required	Required	no change

## Employee Wellness

	SY 17-18	SY 19-20	Change
<b>Staff Wellness Programs</b>	Not addressed	Not addressed	no change

## Physical Environment

	SY 17-18	SY 19-20	Change
<b>Emergency Operations Plans</b>	Required, with regular reviews and updates	Required, with regular reviews and updates	no change
<b>Threat assessment</b>	NA	Required	topic was not coded for 2017
<b>Security and safety assessments</b>	NA	Encouraged	topic was not coded for 2017
<b>Multi-hazard Practice Drills</b>	Required, with required or encouraged interagency coordination	Required, with required or encouraged interagency coordination	no change
<b>Alcohol and Drug Use Intervention Programs</b>	Encouraged	Encouraged	no change
<b>Corporal Punishment</b>	Prohibited	Prohibited	no change
<b>Restraint and Seclusion</b>	Limits use and includes comprehensive protections	Limits use and includes comprehensive protections	no change
<b>Tobacco and Vaping Policies</b>	NA	Addresses vaping	topic was not coded for 2017

## Health Services

	SY 17-18	SY 19-20	Change
<b>School-based Health Services</b>	Not addressed	Not addressed	no change
<b>School Nurse Availability</b>	Addressed, but nurse availability limited	Addressed, but nurse availability limited	no change
<b>Healthy School Start Times</b>	NA	Not addressed	topic was not coded for 2017
<b>Preventive Health Screenings - Elementary</b>	Required	Required	no change
<b>Preventive Health Screenings - Middle</b>	Required	Required	no change
<b>Preventive Health Screenings - High</b>	Not addressed	Not addressed	no change
<b>Vaccination Waivers</b>	Allowed for religious or moral reasons	Allowed for religious or moral reasons	no change
<b>Referrals to Community Health Providers</b>	Addressed	Addressed	no change

## Family Engagement

	SY 17-18	SY 19-20	Change
<b>Family Engagement Plans</b>	Required	Required	no change
<b>Professional Development on Family Engagement</b>	Not addressed	Not addressed	no change
<b>Family Engagement in Local Governance</b>	Required	Required	no change
<b>Family Engagement in Policymaking on School Discipline</b>	Required	Required	no change

## Nutrition Environment and Services

	SY 17-18	SY 19-20	Change
<b>USDA School Nutritional Standards</b>	Not addressed	Non-codified policy only	no change
<b>Unhealthy Marketing Restrictions</b>	Not addressed	Non-codified policy only	no change
<b>Strategies to Increase Breakfast</b>	Not addressed	Recommended or restricted to certain schools or students	more supportive/prescriptive
<b>Access to Potable Water Throughout Day</b>	Not addressed	Not addressed	no change
<b>Competitive Food (Outside of School Meals)</b>	Addressed, does not meet federal requirements in all grades	Addressed, does not meet federal requirements in all grades	no change
<b>Unpaid Meal Charge Policy</b>	Not addressed	Supports access to meals	more supportive/prescriptive

## Community Involvement

	SY 17-18	SY 19-20	Change
<b>Community Involvement in Local Governance</b>	Required	Required	no change
<b>School-Community Interagency Partnerships</b>	Required	Required	no change
<b>Community Use of Public School Facilities</b>	Authorized and Encouraged	Authorized and Encouraged	no change