

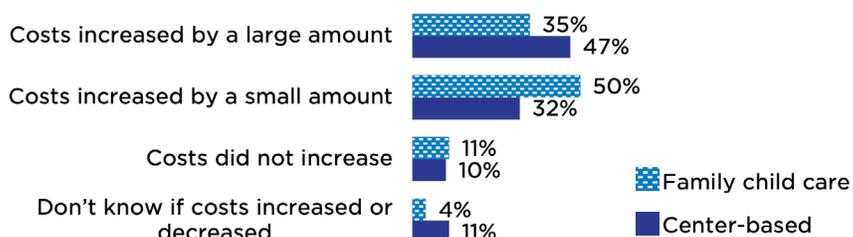
Provider financial challenges and well-being during the COVID-19 pandemic

Results from a 2020 study of the Peacetime Emergency Child Care Grant Program

The COVID-19 pandemic has dramatically changed child care services in Minnesota and across the nation. To understand providers' experiences during the pandemic, an online survey was shared with child care providers between July 31, 2020 and September 9, 2020. A total of 1,898 center-based and family child care providers completed the survey. The survey asked child care providers about their experiences related to a number of COVID-19 challenges. This fact sheet presents initial findings on financial challenges and personal well-being during COVID-19.

Note: The providers invited to participate were applicants to the Peacetime Emergency Child Care Grant Program, and thus, were a subsample of licensed and certified center-based programs and family child care providers throughout Minnesota. These findings are from all providers that applied and responded to the survey, regardless of whether or not they received the grant.

Costs of doing business increased "by a large amount" for 47 percent of center-based providers and 35 percent of family child care providers.*



75 percent of center-based providers and **55 percent** of family child care providers **are experiencing "financial loss"** due to the Coronavirus outbreak.* In the past month, center-based providers lost an average of \$51,612, and family child care providers lost an average of \$4,047.

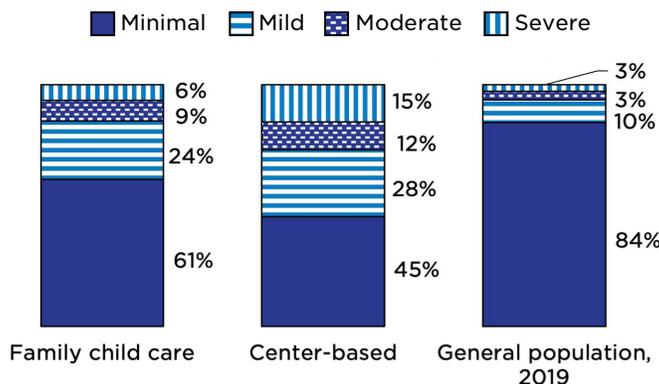
While the majority of survey respondents reported minimal levels of anxiety, **15 percent of family child care respondents and 27 percent of center-based respondents reported symptoms of moderate or severe anxiety.**** For comparison, in the general population in 2019 prior to the pandemic, only 6 percent reported moderate or severe anxiety symptoms.

**The average anxiety score for the center-based respondents is significantly higher than family child care providers ($p < .05$).

Provider well-being

Providers completed the Generalized Anxiety Disorder-7 to assess for anxiety. Provider's total scores were compared to the diagnostic ranges:

- 0-4** minimal anxiety
- 5-9** mild anxiety
- 10-14** moderate anxiety
- 15-21** severe anxiety



Sources: Analysis of licensing data and data from the Peacetime Emergency Child Care Grant survey, 2020; Terlizzi EP, Villarreal MA. (2019). Symptoms of generalized anxiety disorder among adults: United States. Hyattsville, MD: National Center for Health Statistics.

Note: * indicates a statistically significant difference ($p < .05$)

This is one in a series of fact sheets from a study of Minnesota's Peacetime Emergency Child Care Grant program. For more information, visit: <https://www.childtrends.org/project/minnesota-child-care-policy-research-partnership>