

Put It Into Practice #5: How To Select An Evidence-Informed Intervention To Support Children And Youth Exposed To Natural Disasters

Directions: Use the following decision tree to determine which intervention, or combination of interventions, is the best fit for the children, youth, and families in your community when a natural disaster occurs.

What level of intervention does the child or youth need?

	Indicated Specialized treatment or interventions for groups with long-term mental health needs, to build coping skills and treat mental health issues after an natural disaster; delivered by a trained health or mental health professional	Targeted Interventions for moderate risk groups who directly experience an natural disaster and are experiencing short-term mental health needs or are at risk for poor mental health and health outcomes; delivered by a range of individuals and in diverse settings		Universal Broad scale supports for those with no/ mild exposure to natural disaster, to promote healthy functioning and reduce negative outcomes; delivered in a range of settings, such as schools and communities
	Identify the mental health and developmental strengths and needs of each child, youth, parent/caregiver, and family in the service system, as well as key risk and protective factors in their lives before, during, and after an natural disaster	Identify the mental health and developmental strengths and needs of each child, youth, parent/caregiver, and family in the service system, as well as key risk and protective factors in their lives before, during, and after an natural disaster	Γ	Determine the diverse mental health and developmental strengths, needs of children, youth, parents/caregivers, and families in the service system before, during, and after an natural disaster
_	Determine the age, race, ethnicity, gender identity, sexual orientation of each child youth, parent/caregiver, and family in the service system, as well as related risk and protective factors before, during, and after an natural disaster	Determine the age, race, ethnicity, gender identity, sexual orientation of each child youth, parent/caregiver, and family in the service system, as well as related risk and protective factors before, during, and after an natural disaster		Coordinate with community service providers to identify the best settings and approaches to delivering universal supports to children, youth, parents/caregivers, and families in the service system during and after and natural disaster
	Find out the preferences of each child, youth, parent/caregiver, and family for the supports and interventions they want during and after an natural disaster	Find out the preferences of each child, youth, parent/caregiver, and family for the supports and interventions they want during and after an natural disaster		Find out the preferences of children, youth, parents/caregivers, and community for the supports and interventions they want during and after an natural disaster
	Research <i>indicated interventions</i> (e.g., intended outcomes, cost, duration, format, service delivery setting, community workforce capacity to deliver the intervention, and evidence to date, including which populations it has been tested with and found to be effective)	Research <i>targeted interventions</i> (e.g., intended outcomes, cost, duration, format, service delivery setting, community workforce capacity to deliver the intervention, and evidence to date, including which populations it has been tested with and found to be effective)		Research universal interventions (e.g., intended outcomes, cost, duration, format, service delivery setting, community workforce capacity to deliver the intervention, and evidence to date, including which populations it has been tested with and found to be effective)
	Partner with children, youth, parents/ caregivers, families, and community service providers to select an evidence-informed (evidence-based, when possible) trauma and/or mental health treatment that addresses identified child, youth, and family challenges and strengths in ways that are responsive to the child/youth's age, culture, gender identity, and sexual orientation	Partner with children, youth, parents/ caregivers, families, and community service providers to select an evidence-informed (evidence-based, when possible) targeted interventions that address identified child, youth, and family challenges and strengths in ways that are responsive to the child/youth's age, culture, gender identity, and sexual orientation		Partner with children, youth, parents/ caregivers, families, and community service providers to select evidence- informed (evidence-based, when possible) universal interventions that address identified child, youth, and family challenges and strengths in age- appropriate, culturally responsive ways)

Source: The California Evidence-Based Clearinghouse for Child Welfare. (n.d.). Welcome to the CEBC: California Evidence-Based Clearinghouse for Child Welfare. The California Department of Social Services Office of Child Abuse Prevention. <u>https://www.cebc4cw.org/</u>