

Put It Into Practice #5:

How To Select An Evidence-Informed Intervention To Support Children And Youth Exposed To Natural Disasters

Directions: Use the following decision tree to determine which intervention, or combination of interventions, is the best fit for the children, youth, and families in your community when a natural disaster occurs.

What level of intervention does the child or youth need?

Indicated Universal **Targeted** Specialized treatment or interventions for Interventions for moderate risk groups Broad scale supports for those with no/ groups with long-term mental health needs, who directly experience an natural disaster mild exposure to natural disaster, to to build coping skills and treat mental and are experiencing short-term mental promote healthy functioning and reduce health issues after an natural disaster; health needs or are at risk for poor mental negative outcomes; delivered in a range of delivered by a trained health or mental health and health outcomes; delivered by a settings, such as schools and communities health professional range of individuals and in diverse settings Identify the mental health and Identify the mental health and Determine the diverse mental health and developmental strengths and needs of each developmental strengths and needs of each developmental strengths, needs of children, child, youth, parent/caregiver, and family child, youth, parent/caregiver, and family in the service system, as well as key risk in the service system, as well as key risk youth, parents/caregivers, and families in the service system before, during, and after an and protective factors in their lives before, and protective factors in their lives before, natural disaster during, and after an natural disaster during, and after an natural disaster Determine the age, race, ethnicity, gender Determine the age, race, ethnicity, gender Coordinate with community service providers identity, sexual orientation of each child identity, sexual orientation of each child to identify the best settings and approaches youth, parent/caregiver, and family in the youth, parent/caregiver, and family in the to delivering universal supports to children. service system, as well as related risk and service system, as well as related risk and youth, parents/caregivers, and families in the protective factors before, during, and protective factors before, during, and after service system during and after and natural after an natural disaster an natural disaster Find out the preferences of each child. Find out the preferences of children, youth. Find out the preferences of each child, youth, parent/caregiver, and family for parents/caregivers, and community for the youth, parent/caregiver, and family for the supports and interventions they want supports and interventions they want during the supports and interventions they want during and after an natural disaster during and after an natural disaster and after an natural disaster Research indicated interventions (e.g., Research targeted interventions (e.g., Research universal interventions intended outcomes, cost, duration, format, intended outcomes, cost, duration, format, (e.g., intended outcomes, cost, duration, service delivery setting, community service delivery setting, community workforce format, service delivery setting, community workforce capacity to deliver the capacity to deliver the intervention, and workforce capacity to deliver the intervention, intervention, and evidence to date, evidence to date, including which populations and evidence to date, including which including which populations it has been it has been tested with and found to be populations it has been tested with and found tested with and found to be effective) to be effective) Partner with children, youth, parents/ Partner with children, youth, parents/ Partner with children, youth, parents/ caregivers, families, and community service caregivers, families, and community caregivers, families, and community service providers to select an evidence-informed providers to select an evidence-informed service providers to select evidence-(evidence-based, when possible) trauma (evidence-based, when possible) targeted informed (evidence-based, when and/or mental health treatment that possible) universal interventions that interventions that address identified child. addresses identified child, youth, and family address identified child, youth, and youth, and family challenges and strengths in challenges and strengths in ways that are ways that are responsive to the child/vouth's family challenges and strengths in ageresponsive to the child/youth's age, culture, age, culture, gender identity, and sexual appropriate, culturally responsive ways) gender identity, and sexual orientation

Source: The California Evidence-Based Clearinghouse for Child Welfare. (n.d.). *Welcome to the CEBC: California Evidence-Based Clearinghouse for Child Welfare.* The California Department of Social Services Office of Child Abuse Prevention. https://www.cebc4cw.org/