

How Fatherhood Programs Engage Fathers to Promote Healthy Relationships

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Study objectives, sample, and methods

- Objectives

- Document current services offered by fatherhood programs in the areas of healthy romantic relationships and coparenting
- Understand participant and program staff perspectives

- Sample

- 9 fatherhood programs with variation in terms of region, urban/rural, healthy relationship services, father and coparent characteristics

- Methods

- Document reviews, program screenings, semi-structured interviews, demographic questionnaires

Study contributions

Data collection considerations

- Difficult to distinguish between curricula and overall program
- Coparents and non-participating fathers challenging to recruit
- A father-centered approach to data collection is important

Engaging fathers

- Examine how systems and policies affect fathers' relationships
- Implications for engagement in fatherhood programs, program content, and services