



AmeriCorps Health Educator LARC Doula Skills Checklist

AmeriCorps Health Educator: _____

Trainer: _____

Instructions: add date of training, and “P” for pass or “R” for redo in evaluation column. Continue training, practicing, and completing the next column until “P” is achieved for all items.

- P= pass (ready for patient care without direct supervision)
- R= redo (needs more training or practice)

	Date: _____ - P/R?	Date: _____ __ P/R?	Date: _____ __ P/R?
Before Patients Arrive:			
Actively participate in morning huddle and identify appropriate LARC doula appointments along with MA and provider			
Locate and bring LARC doula kit materials: eye pillow, fan, heat pack, models, etc.			
Check in with provider to see if there are any particular things to be aware of prior to seeing the pt			
Prepare a LARC survey to give to pt post procedure			

Meeting with Patients:			
Warm greeting and introduction			
Explain your role as a LARC doula to pt			
Be able to anticipate which parts of the procedure might require extra support for pt and offer appropriate support in the moment			

10/1/21

Provide a calming and supportive presence			
Offer eye pillows, heat pack, music, and other materials in the LARC doula kit to pt			
Offer to talk with pt as a distraction during appropriate moments			
Be able to answer questions that pt may have about insertion or removal process			
Practice trauma informed model of LARC doula (ie. Use language discussed in previous trauma informed trainings)			
Wrap up: communicate clearly with pt about the end of the procedure and what next steps are (ie. Take home eye pillow, when to return to clinic, etc.)			
Survey: introduce LARC survey and communicate clearly with pt about their right to accept or decline to participate. Be able to articulate what the survey is and how it will be used according to training from Samira			

Documentation:			
Offer LARC survey to pt and, if completed, check relevant box to identify procedure type and know where to put it once complete			
Communicate with supervisor if stock of eye pillows or other materials are low to ensure materials are fully stocked			