

Policy Checklist Activity

Rate each policy component using the rating scale provided. Add additional notes or explanations in the notes column. Note: this is not intended to serve as a high stakes assessment, but rather to foster conversation.

Rating Scale			
	0 = included none of the required language	1 = includes some of the required language	2 = includes all necessary language
Rating	Policy component	Notes	
	School system policies identify one or more school leader, official, or team who have authority in ensuring that the employee wellness policy or practice is implemented.		
	School system policies include language inviting school system employees to participate in the development, implementation, and review and update of employee wellness policies, programs, and practices.		
	School system policies include language describing ways to be equitable in terms of how to implement, sustain, adapt, and update employee wellness policies, practices, and programs.		
	School system policies include language that outlines space for check-ins at time intervals determined by your school system to learn what is and is not working with the employee wellness policies, practices, and programs.		
	School system policies include language that provides space to reassess the feasibility and sustainability of the employee wellness policies, programs, and practices.		

Adapted from: [Ten Essential Components of School Wellness Policy Checklist- Alliance for a Healthier Generation](#)